

NUTRITIONAL INFORMATION- VALUE RANGE – NZ JAN 2010

CLASSIC CRUST

DEEP PAN

THIN N CRISPY

Beef and Onion	Average Quantity per Serving 68g	Average Quantity per 100g	Average Quantity per Serving 83g	Average Quantity per 100g	Average Quantity per Serving 65g	Average Quantity per 100g
Energy	687kJ (164Cal)	1000kJ (240Cal)	851kJ (203Cal)	1030kJ (246Cal)	678kJ (162Cal)	1040kJ (249Cal)
Protein	7.4g	10.8g	8.6g	10.4g	7.2g	11.1g
Fat, Total	6.2g	9.1g	7.0g	8.5g	6.3g	9.7g
- Saturated	3.0g	4.4g	3.1g	3.8g	3.1g	4.8g
Carbohydrate	19.1g	27.9g	25.6g	31.0g	18.7g	28.7g
- Sugars	3.2g	4.6g	3.4g	4.1g	3.1g	4.7g
Sodium	386mg	564mg	449mg	544mg	384mg	589mg
Margarita	Average Quantity per Serving 64g	Average Quantity per 100g	Average Quantity per Serving 78g	Average Quantity per 100g	Average Quantity per Serving 62g	Average Quantity per 100g
Energy	555kJ (133Cal)	866kJ (207Cal)	719kJ (172Cal)	919kJ (219Cal)	559kJ (134Cal)	905kJ (216Cal)
Protein	6.3g	9.8g	7.5g	9.6g	6.4g	10.4g
Fat, Total	4.4g	6.8g	5.2g	6.6g	4.8g	7.7g
- Saturated	2.1g	3.2g	2.2g	2.8g	2.4g	3.9g
Carbohydrate	16.3g	25.4g	22.7g	29.1g	15.6g	25.3g
- Sugars	1.2g	1.9g	1.4g	1.8g	1.2g	2.0g
Sodium	246mg	384mg	309mg	396mg	222mg	359mg
Trio of Veg	Average Quantity per Serving 61g	Average Quantity per 100g	Average Quantity per Serving 75g	Average Quantity per 100g	Average Quantity per Serving 59g	Average Quantity per 100g
Energy	555kJ (133Cal)	912kJ (218Cal)	719kJ (172Cal)	959kJ (229Cal)	560kJ (134Cal)	956kJ (228Cal)
Protein	6.4g	10.5g	7.6g	10.2g	6.5g	11.1g
Fat, Total	4.4g	7.2g	5.2g	6.9g	4.8g	8.1g
- Saturated	2.1g	3.4g	2.2g	2.9g	2.4g	4.1g
Carbohydrate	16.1g	26.4g	22.6g	30.1g	15.5g	26.4g
- Sugars	1.0g	1.7g	1.2g	1.7g	1.1g	1.8g
Sodium	247mg	406mg	310mg	413mg	222mg	380mg
Hawaiian	Average Quantity per Serving 71g	Average Quantity per 100g	Average Quantity per Serving 85g	Average Quantity per 100g	Average Quantity per Serving 67g	Average Quantity per 100g
Energy	669kJ (160Cal)	946kJ (226Cal)	832kJ (199Cal)	982kJ (235Cal)	671kJ (160Cal)	981kJ (234Cal)
Protein	7.2g	10.2g	8.5g	10.0g	7.4g	10.8g
Fat, Total	5.8g	8.2g	6.6g	7.8g	6.1g	9.0g
- Saturated	2.5g	3.5g	2.6g	3.1g	2.9g	4.3g
Carbohydrate	19.5g	27.7g	26.0g	30.7g	18.9g	27.7g
- Sugars	3.5g	5.0g	3.7g	4.4g	3.5g	5.2g
Sodium	473mg	669mg	536mg	632mg	415mg	607mg

* 8 SERVINGS PER PIZZA

Simply Cheese	Average Quantity per Serving 61g	Average Quantity per 100g	Average Quantity per Serving 75g	Average Quantity per 100g	Average Quantity per Serving 59g	Average Quantity per 100g
Energy	689kJ (165Cal)	1130kJ (271Cal)	853kJ (204Cal)	1140kJ (272Cal)	694kJ (166Cal)	1190kJ (283Cal)
Protein	8.8g	14.5g	10.1g	13.5g	9.0g	15.4g
Fat, Total	7.0g	11.4g	7.8g	10.4g	7.3g	12.5g
- Saturated	3.8g	6.2g	3.9g	5.2g	4.1g	7.0g
Carbohydrate	16.1g	26.4g	22.6g	30.1g	15.5g	26.4g
- Sugars	0.9g	1.5g	1.1g	1.5g	1.0g	1.6g
Sodium	294mg	483mg	357mg	476mg	269mg	461mg
Toni Pepperoni	Average Quantity per Serving 58g	Average Quantity per 100g	Average Quantity per Serving 73g	Average Quantity per 100g	Average Quantity per Serving 56g	Average Quantity per 100g
Energy	717kJ (171Cal)	1230kJ (293Cal)	881kJ (210Cal)	1210kJ (290Cal)	721kJ (172Cal)	1290kJ (307Cal)
Protein	7.9g	13.5g	9.1g	12.6g	8.0g	14.3g
Fat, Total	8.1g	13.9g	8.9g	12.3g	8.5g	15.2g
- Saturated	4.1g	7.0g	4.2g	5.8g	4.4g	7.9g
Carbohydrate	16.1g	27.6g	22.6g	31.2g	15.5g	27.6g
- Sugars	0.9g	1.6g	1.1g	1.6g	1.0g	1.7g
Sodium	373mg	639mg	436mg	601mg	349mg	621mg

*** 8 SERVINGS PER PIZZA**