

# NUTRITIONAL INFORMATION- TRADITIONAL RANGE – NZ JAN 2010

## CLASSIC CRUST

## DEEP PAN

## THIN N CRISPY

Beef 'N' BBQ Swirl	Average Quantity per Serving 77g	Average Quantity per 100g	Average Quantity per Serving 91g	Average Quantity per 100g	Average Quantity per Serving 75g	Average Quantity per 100g
Energy	805kJ (192Cal)	1040kJ (249Cal)	969kJ (231Cal)	1060kJ (253Cal)	812kJ (194Cal)	1080kJ (259Cal)
Protein	7.8g	10.1g	9.0g	9.9g	7.9g	10.6g
Fat, Total	8.4g	10.8g	9.2g	10.0g	8.7g	11.6g
- Saturated	3.5g	4.5g	3.6g	3.9g	3.8g	5.1g
Carbohydrate	20.9g	27.1g	27.4g	30.0g	20.5g	27.3g
- Sugars	4.6g	5.9g	4.8g	5.2g	4.4g	5.9g
Sodium	497mg	644mg	560mg	613mg	500mg	667mg
Double Bacon Cheeseburger	Average Quantity per Serving 76g	Average Quantity per 100g	Average Quantity per Serving 90g	Average Quantity per 100g	Average Quantity per Serving 74g	Average Quantity per 100g
Energy	793kJ (189Cal)	1040kJ (249Cal)	989kJ (236Cal)	1100kJ (262Cal)	829kJ (198Cal)	1120kJ (268Cal)
Protein	9.3g	12.2g	10.5g	11.6g	9.4g	12.7g
Fat, Total	7.9g	10.4g	9.8g	10.8g	9.3g	12.7g
- Saturated	3.3g	4.3g	3.6g	4.0g	3.8g	5.2g
Carbohydrate	19.7g	25.9g	25.7g	28.5g	18.6g	25.2g
- Sugars	3.6g	4.7g	3.4g	3.7g	3.2g	4.3g
Sodium	549mg	721mg	620mg	687mg	532mg	721mg
The Godfather	Average Quantity per Serving 69g	Average Quantity per 100g	Average Quantity per Serving 83g	Average Quantity per 100g	Average Quantity per Serving 64g	Average Quantity per 100g
Energy	657kJ (157Cal)	952kJ (227Cal)	820kJ (196Cal)	987kJ (236Cal)	660kJ (158Cal)	1030kJ (247Cal)
Protein	7.1g	10.3g	8.3g	10.0g	7.2g	11.3g
Fat, Total	6.2g	9.0g	7.0g	8.4g	6.5g	10.2g
- Saturated	2.8g	4.0g	2.9g	3.4g	3.1g	4.8g
Carbohydrate	17.3g	25.2g	23.8g	28.7g	16.6g	26.1g
- Sugars	1.8g	2.7g	2.0g	2.5g	1.8g	2.8g
Sodium	393mg	570mg	456mg	549mg	369mg	577mg
Vegorama	Average Quantity per Serving 71g	Average Quantity per 100g	Average Quantity per Serving 85g	Average Quantity per 100g	Average Quantity per Serving 69g	Average Quantity per 100g
Energy	582kJ (139Cal)	816kJ (195Cal)	746kJ (178Cal)	873kJ (209Cal)	586kJ (140Cal)	850kJ (203Cal)
Protein	6.6g	9.3g	7.8g	9.2g	6.8g	9.8g
Fat, Total	4.5g	6.3g	5.3g	6.2g	4.9g	7.0g
- Saturated	2.1g	3.0g	2.2g	2.6g	2.4g	3.5g
Carbohydrate	17.1g	23.9g	23.5g	27.6g	16.4g	23.8g
- Sugars	1.9g	2.7g	2.1g	2.5g	2.0g	2.8g
Sodium	270mg	379mg	333mg	390mg	246mg	356mg
Meatosaurus	Average Quantity per Serving 74g	Average Quantity per 100g	Average Quantity per Serving 88g	Average Quantity per 100g	Average Quantity per Serving 72g	Average Quantity per 100g
Energy	798kJ (191Cal)	1070kJ (256Cal)	961kJ (230Cal)	1090kJ (260Cal)	801kJ (191Cal)	1110kJ (266Cal)
Protein	8.4g	11.3g	9.6g	10.9g	8.5g	11.8g
Fat, Total	7.9g	10.7g	8.7g	9.9g	8.3g	11.5g
- Saturated	3.7g	4.9g	3.8g	4.3g	4.0g	5.5g
Carbohydrate	20.8g	27.9g	27.3g	30.8g	20.1g	27.9g
- Sugars	4.0g	5.4g	4.2g	4.7g	4.1g	5.6g
Sodium	603mg	812mg	666mg	753mg	566mg	786mg

\* 8 SERVINGS PER PIZZA

<b>Mr Wedge</b>	<b>Average Quantity per Serving 77g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 91g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 74g</b>	<b>Average Quantity per 100g</b>
<b>Energy</b>	797kJ (190Cal)	1040kJ (248Cal)	960kJ (229Cal)	1060kJ (253Cal)	801kJ (191Cal)	1080kJ (257Cal)
<b>Protein</b>	7.2g	9.4g	8.5g	9.3g	7.4g	9.9g
<b>Fat, Total</b>	7.6g	9.9g	8.4g	9.3g	8.0g	10.7g
<b>- Saturated</b>	2.9g	3.8g	3.1g	3.4g	3.3g	4.4g
<b>Carbohydrate</b>	22.5g	29.3g	28.9g	31.9g	21.8g	29.3g
<b>- Sugars</b>	3.5g	4.6g	3.7g	4.1g	3.6g	4.8g
<b>Sodium</b>	486mg	633mg	549mg	604mg	461mg	620mg
<b>Supreme</b>	<b>Average Quantity per Serving 75g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 90g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 73g</b>	<b>Average Quantity per 100g</b>
<b>Energy</b>	701kJ (167Cal)	930kJ (222Cal)	865kJ (207Cal)	966kJ (231Cal)	703kJ (168Cal)	962kJ (230Cal)
<b>Protein</b>	7.8g	10.3g	9.0g	10.1g	8.0g	10.9g
<b>Fat, Total</b>	6.9g	9.1g	7.7g	8.6g	7.2g	9.9g
<b>- Saturated</b>	3.1g	4.1g	3.2g	3.6g	3.6g	4.9g
<b>Carbohydrate</b>	18.1g	24.0g	24.6g	27.4g	17.5g	23.9g
<b>- Sugars</b>	2.0g	2.7g	2.2g	2.5g	2.1g	2.8g
<b>Sodium</b>	445mg	590mg	508mg	567mg	388mg	530mg
<b>Trio of Cheese</b>	<b>Average Quantity per Serving 63g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 77g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 59g</b>	<b>Average Quantity per 100g</b>
<b>Energy</b>	765kJ (183Cal)	1210kJ (290Cal)	929kJ (222Cal)	1200kJ (288Cal)	737kJ (176Cal)	1260kJ (301Cal)
<b>Protein</b>	9.0g	14.4g	10.3g	13.3g	8.6g	14.7g
<b>Fat, Total</b>	8.9g	14.1g	9.7g	12.6g	8.7g	14.8g
<b>- Saturated</b>	4.4g	7.0g	4.5g	5.9g	4.3g	7.4g
<b>Carbohydrate</b>	16.1g	25.6g	22.6g	29.3g	15.5g	26.5g
<b>- Sugars</b>	1.0g	1.6g	1.2g	1.6g	1.1g	1.8g
<b>Sodium</b>	325mg	516mg	388mg	503mg	290mg	496mg
<b>Bacon &amp; Egg</b>	<b>Average Quantity per Serving 74g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 88g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 72g</b>	<b>Average Quantity per 100g</b>
<b>Energy</b>	670kJ (160Cal)	906kJ (216Cal)	833kJ (199Cal)	946kJ (226Cal)	713kJ (170Cal)	996kJ (238Cal)
<b>Protein</b>	8.0g	10.8g	9.2g	10.5g	8.1g	11.3g
<b>Fat, Total</b>	5.9g	7.9g	6.7g	7.6g	7.2g	10.0g
<b>- Saturated</b>	2.6g	3.6g	2.8g	3.1g	3.4g	4.7g
<b>Carbohydrate</b>	18.3g	24.7g	24.8g	28.1g	17.9g	25.0g
<b>- Sugars</b>	3.1g	4.2g	3.3g	3.8g	3.1g	4.3g
<b>Sodium</b>	338mg	457mg	401mg	455mg	371mg	517mg

**\* 8 SERVINGS PER PIZZA**