

NUTRITIONAL INFORMATION BIG TASTE RANGE – NZ JAN 2010

CLASSIC CRUST

DEEP PAN

THIN N CRISPY

APRICOT CHICKEN	Average Quantity per Serving 83g	Average Quantity per 100g	Average Quantity per Serving 97g	Average Quantity per 100g	Average Quantity per Serving 72g	Average Quantity per 100g
Energy	731kJ (175Cal)	884kJ (211Cal)	895kJ (214Cal)	924kJ (221Cal)	713kJ (170Cal)	996kJ (238Cal)
Protein	9.5g	11.4g	10.7g	11.1g	8.5g	11.9g
Fat, Total	5.8g	7.0g	6.6g	6.8g	5.3g	7.4g
- Saturated	3.0g	3.6g	3.1g	3.2g	2.8g	3.8g
Carbohydrate	20.5g	24.8g	27.0g	27.8g	21.6g	30.2g
- Sugars	4.6g	5.6g	4.8g	5.0g	6.1g	8.5g
Sodium	318mg	385mg	381mg	394mg	302mg	422mg
BBQ CHICKEN & BACON	Average Quantity per Serving 87g	Average Quantity per 100g	Average Quantity per Serving 101g	Average Quantity per 100g	Average Quantity per Serving 83g	Average Quantity per 100g
Energy	805kJ (192Cal)	925kJ (221Cal)	969kJ (231Cal)	958kJ (229Cal)	778kJ (186Cal)	942kJ (225Cal)
Protein	11.1g	12.8g	12.3g	12.2g	10.6g	12.9g
Fat, Total	7.2g	8.3g	8.0g	7.9g	7.0g	8.5g
- Saturated	3.5g	4.0g	3.6g	3.5g	3.4g	4.1g
Carbohydrate	20.2g	23.2g	26.7g	26.3g	19.5g	23.7g
- Sugars	4.1g	4.7g	4.3g	4.3g	4.1g	5.0g
Sodium	480mg	552mg	543mg	537mg	445mg	539mg
CREAMY CHICKEN & CHERRY TOMATO	Average Quantity per Serving 85g	Average Quantity per 100g	Average Quantity per Serving 99g	Average Quantity per 100g	Average Quantity per Serving 81g	Average Quantity per 100g
Energy	730kJ (174Cal)	859kJ (205Cal)	894kJ (214Cal)	902kJ (215Cal)	702kJ (168Cal)	873kJ (208Cal)
Protein	9.5g	11.2g	10.8g	10.9g	9.1g	11.3g
Fat, Total	7.3g	8.6g	8.1g	8.2g	7.1g	8.8g
- Saturated	3.7g	4.4g	3.8g	3.9g	3.7g	4.6g
Carbohydrate	16.8g	19.8g	23.3g	23.5g	16.2g	20.1g
- Sugars	1.3g	1.5g	1.5g	1.5g	1.3g	1.6g
Sodium	340mg	401mg	403mg	407mg	305mg	379mg
CHICKEN ITALIANO	Average Quantity per Serving 86g	Average Quantity per 100g	Average Quantity per Serving 100g	Average Quantity per 100g	Average Quantity per Serving 78g	Average Quantity per 100g
Energy	704kJ (168Cal)	823kJ (197Cal)	867kJ (207Cal)	871kJ (208Cal)	673kJ (161Cal)	865kJ (207Cal)
Protein	10.1g	11.9g	11.4g	11.4g	9.5g	12.3g
Fat, Total	6.2g	7.3g	7.0g	7.1g	6.0g	7.7g
- Saturated	3.1g	3.7g	3.2g	3.3g	3.1g	3.9g
Carbohydrate	17.0g	19.9g	23.5g	23.6g	16.3g	21.0g
- Sugars	1.5g	1.7g	1.7g	1.7g	1.5g	1.9g
Sodium	346mg	405mg	410mg	411mg	311mg	400mg
FIRE EATER	Average Quantity per Serving 83g	Average Quantity per 100g	Average Quantity per Serving 97g	Average Quantity per 100g	Average Quantity per Serving 79g	Average Quantity per 100g
Energy	784kJ (187Cal)	943kJ (225Cal)	948kJ (227Cal)	974kJ (233Cal)	757kJ (181Cal)	962kJ (230Cal)
Protein	9.3g	11.2g	10.5g	10.8g	8.8g	11.2g
Fat, Total	8.6g	10.3g	9.4g	9.6g	8.4g	10.6g
- Saturated	4.2g	5.1g	4.3g	4.4g	4.2g	5.3g
Carbohydrate	17.8g	21.4g	24.3g	25.0g	17.2g	21.8g
- Sugars	1.4g	1.7g	1.6g	1.6g	1.4g	1.8g
Sodium	541mg	651mg	604mg	621mg	506mg	643mg

* 8 SERVINGS PER PIZZA

CHICKEN & FETA	Average Quantity per Serving 74g	Average Quantity per 100g	Average Quantity per Serving 88g	Average Quantity per 100g	Average Quantity per Serving 70g	Average Quantity per 100g
Energy	739kJ (177Cal)	999kJ (239Cal)	903kJ (216Cal)	1020kJ (245Cal)	711kJ (170Cal)	1020kJ (245Cal)
Protein	8.9g	12.1g	10.2g	11.6g	8.5g	12.2g
Fat, Total	7.9g	10.6g	8.7g	9.9g	7.7g	11.0g
- Saturated	3.4g	4.6g	3.5g	4.0g	3.4g	4.8g
Carbohydrate	16.7g	22.6g	23.2g	26.3g	16.1g	23.1g
- Sugars	1.2g	1.6g	1.4g	1.6g	1.2g	1.7g
Sodium	342mg	462mg	405mg	459mg	306mg	441mg
FUNKY CHICKEN	Average Quantity per Serving 84g	Average Quantity per 100g	Average Quantity per Serving 98g	Average Quantity per 100g	Average Quantity per Serving 79g	Average Quantity per 100g
Energy	776kJ (185Cal)	926kJ (221Cal)	940kJ (224Cal)	959kJ (229Cal)	748kJ (179Cal)	943kJ (225Cal)
Protein	9.5g	11.4g	10.8g	11.0g	9.1g	11.4g
Fat, Total	7.4g	8.8g	8.2g	8.3g	7.1g	9.0g
- Saturated	3.3g	3.9g	3.4g	3.5g	3.2g	4.1g
Carbohydrate	19.6g	23.4g	26.1g	26.6g	19.0g	23.9g
- Sugars	3.5g	4.2g	3.7g	3.8g	3.5g	4.4g
Sodium	376mg	449mg	439mg	449mg	341mg	430mg
SUPER LOT	Average Quantity per Serving 83g	Average Quantity per 100g	Average Quantity per Serving 97g	Average Quantity per 100g	Average Quantity per Serving 76g	Average Quantity per 100g
Energy	782kJ (187Cal)	939kJ (224Cal)	945kJ (226Cal)	971kJ (232Cal)	754kJ (180Cal)	992kJ (237Cal)
Protein	9.1g	10.9g	10.3g	10.6g	8.6g	11.3g
Fat, Total	8.3g	9.9g	9.1g	9.3g	8.1g	10.6g
- Saturated	4.0g	4.8g	4.1g	4.2g	3.9g	5.1g
Carbohydrate	18.5g	22.2g	25.0g	25.7g	17.8g	23.4g
- Sugars	2.1g	2.5g	2.3g	2.4g	2.0g	2.7g
Sodium	463mg	556mg	526mg	540mg	428mg	563mg
7 MEATS	Average Quantity per Serving 81g	Average Quantity per 100g	Average Quantity per Serving 95g	Average Quantity per 100g	Average Quantity per Serving 76g	Average Quantity per 100g
Energy	862kJ (206Cal)	1070kJ (255Cal)	1030kJ (245Cal)	1080kJ (258Cal)	834kJ (199Cal)	1090kJ (261Cal)
Protein	10.9g	13.5g	12.2g	12.8g	10.5g	13.7g
Fat, Total	9.0g	11.1g	9.8g	10.3g	8.8g	11.5g
- Saturated	4.4g	5.4g	4.5g	4.7g	4.3g	5.6g
Carbohydrate	19.7g	24.4g	26.2g	27.6g	19.1g	25.0g
- Sugars	2.9g	3.6g	3.1g	3.3g	2.9g	3.9g
Sodium	587mg	725mg	650mg	684mg	551mg	722mg
SPINACH & FETA	Average Quantity per Serving 74g	Average Quantity per 100g	Average Quantity per Serving 88g	Average Quantity per 100g	Average Quantity per Serving 70g	Average Quantity per 100g
Energy	810kJ (194Cal)	1090kJ (262Cal)	974kJ (233Cal)	1110kJ (264Cal)	783kJ (187Cal)	1130kJ (269Cal)
Protein	9.3g	12.6g	10.5g	12.0g	8.8g	12.7g
Fat, Total	9.8g	13.2g	10.6g	12.0g	9.6g	13.8g
- Saturated	4.8g	6.5g	4.9g	5.6g	4.7g	6.8g
Carbohydrate	16.4g	22.2g	22.9g	26.0g	15.8g	22.7g
- Sugars	1.2g	1.6g	1.4g	1.6g	1.2g	1.7g
Sodium	362mg	489mg	425mg	482mg	327mg	470mg
GARLIC PRAWN	Average Quantity per Serving 74g	Average Quantity per 100g	Average Quantity per Serving 88g	Average Quantity per 100g	Average Quantity per Serving 70g	Average Quantity per 100g
Energy	799kJ (191Cal)	1080kJ (258Cal)	962kJ (230Cal)	1090kJ (261Cal)	771kJ (184Cal)	1110kJ (265Cal)
Protein	8.5g	11.5g	9.8g	11.1g	8.1g	11.6g
Fat, Total	7.6g	10.2g	8.4g	9.5g	7.4g	10.6g
- Saturated	3.5g	4.7g	3.6g	4.0g	3.4g	4.9g
Carbohydrate	16.3g	22.0g	22.8g	25.8g	15.7g	22.5g
- Sugars	0.9g	1.3g	1.2g	1.3g	1.0g	1.4g
Sodium	279mg	378mg	342mg	389mg	244mg	351mg
CHILLI PRAWN	Average Quantity per Serving 71g	Average Quantity per 100g	Average Quantity per Serving 85g	Average Quantity per 100g	Average Quantity per Serving 68g	Average Quantity per 100g
Energy	782kJ (187Cal)	1110kJ (264Cal)	946kJ (226Cal)	1110kJ (266Cal)	775kJ (185Cal)	1130kJ (270Cal)
Protein	8.9g	12.6g	10.2g	12.0g	8.4g	12.3g
Fat, Total	6.9g	9.7g	7.7g	9.0g	6.7g	9.7g
- Saturated	2.9g	4.2g	3.0g	3.6g	2.9g	4.3g
Carbohydrate	16.4g	23.1g	22.9g	26.9g	17.2g	25.1g
- Sugars	1.2g	1.7g	1.4g	1.7g	2.4g	3.6g
Sodium	317mg	449mg	380mg	448mg	282mg	412mg

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