

NUTRITIONAL INFORMATION NZ SUPER HAWAIIAN RANGE JAN 2010

CLASSIC CRUST

DEEP PAN

THIN N CRISPY

Standard Hawaiian	Average Quantity per Serving 67g	Average Quantity per 100g	Average Quantity per Serving 81g	Average Quantity per 100g	Average Quantity per Serving 65g	Average Quantity per 100g
Energy	636kJ (152Cal)	944kJ (225Cal)	800kJ (191Cal)	981kJ (234Cal)	640kJ (153Cal)	984kJ (235Cal)
Protein	6.9g	10.2g	8.1g	10.0g	7.0g	10.8g
Fat, Total	5.3g	7.9g	6.1g	7.5g	5.7g	8.7g
- Saturated	2.4g	3.6g	2.5g	3.1g	2.7g	4.2g
Carbohydrate	19.2g	28.4g	25.6g	31.5g	18.5g	28.5g
- Sugars	3.4g	5.0g	3.6g	4.4g	3.4g	5.2g
Sodium	375mg	557mg	438mg	538mg	351mg	539mg
BBQ Hawaiian	Average Quantity per Serving 72g	Average Quantity per 100g	Average Quantity per Serving 86g	Average Quantity per 100g	Average Quantity per Serving 68g	Average Quantity per 100g
Energy	685kJ (164Cal)	955kJ (228Cal)	849kJ (203Cal)	988kJ (236Cal)	684kJ (163Cal)	1000kJ (239Cal)
Protein	6.9g	9.6g	8.1g	9.5g	7.0g	10.2g
Fat, Total	5.3g	7.4g	6.1g	7.1g	5.7g	8.3g
- Saturated	2.4g	3.4g	2.5g	3.0g	2.7g	4.0g
Carbohydrate	22.0g	30.7g	28.5g	33.2g	21.1g	30.9g
- Sugars	5.8g	8.1g	6.0g	7.0g	5.6g	8.2g
Sodium	426mg	594mg	489mg	570mg	393mg	575mg
Hawaiian Explosion	Average Quantity per Serving 77g	Average Quantity per 100g	Average Quantity per Serving 91g	Average Quantity per 100g	Average Quantity per Serving 75g	Average Quantity per 100g
Energy	667kJ (159Cal)	862kJ (206Cal)	829kJ (198Cal)	908kJ (217Cal)	670kJ (160Cal)	895kJ (214Cal)
Protein	6.9g	9.0g	8.2g	8.9g	7.1g	9.4g
Fat, Total	5.3g	6.9g	6.1g	6.7g	5.7g	7.6g
- Saturated	2.4g	3.2g	2.5g	2.8g	2.7g	3.7g
Carbohydrate	21.5g	27.9g	28.0g	30.7g	20.9g	27.9g
- Sugars	5.6g	7.2g	5.8g	6.3g	5.6g	7.5g
Sodium	375mg	486mg	438mg	480mg	351mg	468mg
Hawaiian Diablo	Average Quantity per Serving 70g	Average Quantity per 100g	Average Quantity per Serving 85g	Average Quantity per 100g	Average Quantity per Serving 68g	Average Quantity per 100g
Energy	706kJ (169Cal)	1000kJ (239Cal)	870kJ (208Cal)	1030kJ (246Cal)	711kJ (170Cal)	1040kJ (249Cal)
Protein	7.6g	10.8g	8.9g	10.5g	7.8g	11.4g
Fat, Total	6.8g	9.7g	7.6g	9.0g	7.2g	10.6g
- Saturated	3.2g	4.6g	3.4g	4.0g	3.6g	5.2g
Carbohydrate	19.2g	27.3g	25.7g	30.4g	18.6g	27.3g
- Sugars	3.4g	4.8g	3.6g	4.3g	3.4g	5.0g
Sodium	426mg	605mg	489mg	578mg	424mg	696mg

* 8 SERVINGS PER PIZZA