

NUTRITIONAL INFORMATION- EXTRAS – NZ JAN 2010

GARLIC BREAD (7 servings per package)	Average Quantity per Serving 24g	Average Quantity per 100g	CHOCOLATE BROWNIES (5 servings per package)	Average Quantity per Serving 20g	Average Quantity per 100g	
Energy	345kJ (82Cal)	1420kJ (339Cal)	Energy	382kJ (91Cal)	1910kJ (456Cal)	
Protein	1.6g	6.5g	Protein	1.1g	5.5g	
Fat, Total	4.1g	16.8g	Fat, Total	5.9g	29.4g	
- Saturated	1.5g	6.3g	- Saturated	4.5g	22.4g	
Carbohydrate	9.8g	40.5g	Carbohydrate	8.9g	44.3g	
- Sugars	0.6g	2.5g	- Sugars	7.6g	37.9g	
Sodium	123mg	507mg	Sodium	8mg	40mg	
CHEESY GARLIC BREAD (4 servings per package)	Average Quantity per Serving 45g	Average Quantity per 100g	CHOCOLATE DIPPING SAUCE TUB	Average Quantity per Serving 25g	Average Quantity per 100g	
Energy	575kJ (137Cal)	1280kJ (305Cal)	Energy	285kJ (68Cal)	1140kJ (273Cal)	
Protein	4.3g	9.5g	Protein	0.3g	1.2g	
Fat, Total	7.6g	16.8g	Fat, Total	0.3g	1.1g	
- Saturated	3.1g	6.8g	- Saturated	0.1g	0.4g	
Carbohydrate	12.7g	28.3g	Carbohydrate	16.5g	66.0g	
- Sugars	0.5g	1.0g	- Sugars	10.8g	43.0g	
Sodium	260mg	578mg	Sodium	16mg	63mg	
CHUNKY CHIPS	Average Quantity per Serving 300g	Average Quantity per 100g	RANCH DIPPING SAUCE TUB	Average Quantity per Serving 20g	Average Quantity per 100g	
Energy	2080kJ (496Cal)	692kJ (165Cal)	Energy	311kJ (68Cal)	1555Kj	
Protein	7.5g	2.5g	Protein	0.5g	2.4	
Fat, Total	19.2g	6.4g	Fat, Total	7.5g	37.7	
- Saturated	5.7g	1.9g	- Saturated	0.7g	3.5	
Carbohydrate	72.9g	24.3g	Carbohydrate	1.3g	6.6g	
- Sugars	1.2g	0.4g	- Sugars	0.8 g	4.0 g	
Sodium	978mg	326mg	Sodium	128 mg	640 mg	
CHICKEN KICKERS -Spicy 5 or 10 servings per package)	Average Quantity per Serving 24g	Average Quantity per 100g	CHICKEN KICKERS -Mild 5 or 10 servings per package)	Average Quantity per Serving 24g	Average Quantity per 100g	
Energy	182kJ (44Cal)	759kJ (181Cal)	Energy	167kJ (40Cal)	695kJ (166Cal)	
Protein	3.8g	15.7g	Protein	3.8g	16.0g	
Fat, Total	1.7g	7.2g	Fat, Total	1.1g	4.7g	
- Saturated	0.6g	2.4g	- Saturated	0.4g	1.6g	
Carbohydrate	3.1g	13.0g	Carbohydrate	3.6g	15.0g	
- Sugars	0.2g	0.9g	- Sugars	0.3g	1.2g	
Sodium	204mg	850mg	Sodium	96mg	400mg	
TOMATO DIPPING SAUCE	Average Quantity per Serving 15g	Average Quantity per 100g	SWEET CHILLI DIPPING SAUCE	Average Quantity per Serving 20g	Average Quantity per 100g	
Energy	73kJ (17Cal)	485kJ (116Cal)	Energy	74.2kJ (43Cal)	371kJ (195Cal)	
Protein	0.2g	1.3g	Protein	0.2g	0.6g	
Fat, Total	less than 0.1g	0.1g	Fat, Total	0 g	0.1g	
- Saturated	0.0g	0.0g	- Saturated	0g	0 g	
Carbohydrate	4.0g	26.6g	Carbohydrate	4.2g	20.8g	
- Sugars	3.8g	25.6g	- Sugars	3.8g	18.8g	
Sodium	80mg	530mg	Sodium	118.6mg	593mg	
BBQ DIPPING SAUCE	Average Quantity per Serving 22g	Average Quantity per 100g	CHOCOLATE LAVA CAKE	Average Quantity per Serving 95g	Average Quantity per 100g	
Energy	141kJ (34Cal)	640kJ (153Cal)	Energy	1650kJ (394Cal)	1740kJ (415Cal)	
Protein	0.2g	0.9g	Protein	4.4g	4.7g	
Fat, Total	less than 0.1g	0.2g	Fat, Total	23.5g	24.8g	
- Saturated	0.0g	0.0g	- Saturated	14.7g	15.4g	
Carbohydrate	7.4g	33.5g	Carbohydrate	41.5g	43.7g	
- Sugars	7.0g	32.0g	- Sugars	34.2g	36.0g	
Sodium	273mg	1240mg	Sodium	245mg	258mg	

AIOLI DIPPING SAUCE TUB	Average Quantity per Serving 20g	Average Quantity per 100g	POTATO WEDGES	Average Quantity per Serving 250g	Average Quantity per 100g	
Energy	333kJ (44Cal)	1665Kj	Energy	1790kJ (427Cal)	715kJ (171Cal)	
Protein	0.3g	1.5g	Protein	6.5g	2.6g	
Fat, Total	8.34g	41.7g	Fat, Total	16.2g	6.5g	
- Saturated	0.8g	4.2g	- Saturated	4.8g	1.9g	
Carbohydrate	0.98g	4.9g	Carbohydrate	63.2g	25.3g	
- Sugars	0.4g	2.0g	- Sugars	1.2g	0.5g	
Sodium	142.6mg	713g	Sodium	952mg	381mg	
CHEESY STICKS	Average Quantity per Serving 59g (One Stick)	Average Quantity per 100g	CRÈME BRULEE PUFFLE	Average Quantity per Serving 71g	Average Quantity per 100g	
Energy	966kJ (231Cal)	1630kJ (390Cal)	Energy	1080kJ (258Cal)	1530kJ (365Cal)	
Protein	6.4g	10.9g	Protein	3.3g	4.7g	
Fat, Total	14.7g	24.9g	Fat, Total	12.7g	18.0g	
- Saturated	10.0g	16.9g	- Saturated	8.8g	12.5g	
Carbohydrate	18.8g	31.7g	Carbohydrate	32.8g	46.4g	
- Sugars	0.8g	1.4g	- Sugars	19.1g	27.1g	
Sodium	306mg	518mg	Sodium	207mg	293mg	